

Volunteerism

How to improve volunteerism among the younger generation in Kazakhstan?

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Abstract

How to improve volunteerism among the younger generation in Kazakhstan?

The topic of volunteering plays an important role nowadays. There are many incidents, troubles and wars in the world every day, which creates a demand for volunteering. I believe that this project work will be useful in creating a full society without violence and tyranny.

The main purpose of my project is to identify weak points in the development of volunteering, to compare the age category among volunteers and to increase the activity of the younger generation in the social life of the country. It is very important for me to be useful to society. This is the state of my well-being, of my happiness. Denis Diderot has this expression "*The happiest man is the one who gives happiness to the greatest number of people*" and I would agree with him. It is impossible to live joyfully, with the discouragement of the people around you. I consider myself obligated to participate in the life of society, to help those who need it to be a participant in such a movement as volunteering.

Every day we face many problems, some of which we can solve ourselves, and some of which we need help. It's important to promote the volunteer movement in Kazakhstan, because it makes, the formation of an active, socially oriented position among young people of Kazakhstan through their involvement in volunteer activities.

Moreover, President of Kazakhstan, Kassym-Jomart Tokayev declared 2020 the Year of Volunteers in Kazakhstan. Currently, there are more than 200 volunteer organizations in the country, with more than 50,000 active

volunteers.

For the sake of obtaining more information about the development of volunteering among young people in Kazakhstan, I chose a survey method. The survey was designed to obtain a holistic view of society about volunteering. I chose my school, namely Nazarbayev Intellectual School of Physics and Mathematics in Aktobe, as a medium for development of this sphere. I believe that this school would be most suitable to study the problem and create a correct plan for the development of volunteering among pupils. Results of research work will be useful for the state and educational institutions. In order to promote volunteering among young people in Kazakhstan, it is important to create certain conditions for its development. To avoid further stagnation of the problem, it is also important to undertake and prevent problems arising in the country.

Keywords: volunteering, society, young generation, problem, development.

Абстракт

Как повысить уровень волонтерства среди молодого поколения в Казахстане?

В данное время тема волонтерства играет большую роль. Каждый день в мире происходит множество происшествий, бед и войн, что и создает спрос на развитие волонтерства. Я считаю, что данная проектная работа будет полезной для создания полноценного общества без жестокости и тирании.

Основная цель моего проекта – выявление слабых точек развития волонтерства, сравнение возрастной категории среди волонтеров и повышение активности молодого поколения в социальной жизни страны.

Для меня очень важно быть полезной обществу. Это и есть состояние моего благополучия, моего счастья. У Дени Дидро есть такое выражение:

"Самый счастливый человек - это тот, кто дарит счастье наибольшему количеству людей", и я с ним соглашусь. Невозможно жить радостно, удручая окружающих тебя людей. Я считаю себя обязанной участвовать в жизни общества, помогать тем, кто в этом нуждается, быть участником

такого движения, как волонтерство.

Каждый день мы сталкиваемся с множеством проблем, часть из которых мы можем решить сами, а часть нуждается в помощи. Важно продвигать волонтерское движение в Казахстане, потому что это способствует формированию активной, социально ориентированной позиции у молодежи Казахстана через вовлечение ее в волонтерскую деятельность.

Также, Президент Казахстана Касым-Жомарт Токаев объявил 2020 год Годом волонтера в Казахстане. В настоящее время в стране насчитывается более 200 волонтерских организаций, объединяющих более 50 000 активных волонтеров.

Ради получения большей информации о развитии волонтерства в Казахстане среди молодежи, я выбрала метод опроса. Опрос был создан для получения цельного мнения общества насчет волонтерства. В качестве среды развития этой сферы я выбрала свою школу, а именно Назарбаев Интеллектуальную школу Физико Математического направления города Актобе. Я считаю, что именно данное учебное заведение больше всего сможет подойти для изучения проблемы и создания корректного плана по развитию волонтерской деятельности среди учеников.

Результаты исследовательской работы будут полезны для государства и учебных заведений. Для популяризации волонтерства в Казахстане среди молодежи, важно создать определенные условия для ее развития. Дабы избежать дальнейшей стагнации проблемы, также важно предпринимать и предотвращать возникнувшие проблемы в стране.

Ключевые слова: волонтерство, общество, молодое поколение, проблема, развитие.

Аңдатпа

Қазақстанда жас ұрпақ арасында еріктілік деңгейін қалай арттыруға болады?

Қазіргі уақытта еріктілік тақырыбы үлкен рөл атқарады. Әлемде күн сайын көптеген оқиғалар, қиыншылықтар және соғыстар болады, бұл волонтерлік деңгейін дамытуға сұраныс тудырады. Менің ойымша, бұл жобалық жұмыс қатыгездік пен озбырлықсыз толыққанды қоғам құру үшін пайдалы болады.

Менің жобамның негізгі мақсаты - волонтерлікті дамытудың әлсіз тұстарын анықтау, волонтерлер арасындағы жас санатын салыстыру және еліміздің әлеуметтік өміріндегі жас ұрпақтың белсенділігін арттыру.

Мен үшін қоғамға пайдалы болу өте маңызды. Бұл менің әл-ауқатымның, бақытымның күйі. Денис Дидроның *"ең бақытты адам - ең көп адамға бақыт сыйлайтын адам"* деген сөзі бар, мен онымен келісемін. Айналаңыздағы адамдарды ренжітіп, қуанышпен өмір сүру мүмкін емес. Мен өзімді қоғам өміріне қатысуға, мұқтаж адамдарға көмектесуге, волонтерлік сияқты қозғалысқа қатысуға міндеттімін деп санаймын.

Күн сайын біз көптеген мәселелерге тап боламыз, олардың бір бөлігін өзіміз шеше аламыз, ал бір бөлігі көмекке мұқтаж. Қазақстанда волонтерлік қозғалысты ілгерілету маңызды, себебі бұл Қазақстан жастарын волонтерлік қызметке тарту арқылы олардың белсенді, әлеуметтік бағдарланған ұстанымын қалыптастыруға ықпал етеді.

Сонымен қатар, Қазақстан Президенті Қасым жомарт Тоқаев 2020 жылды Қазақстандағы еріктілер жылы деп жариялады. Қазіргі уақытта елде 50 000 - нан астам белсенді еріктілерді біріктіретін 200-ден астам ерікті ұйымдар бар.

Қазақстанда жастар арасында волонтерлікті дамыту туралы көбірек ақпарат алу үшін мен сауалнама әдісін таңдадым. Сауалнама еріктілік туралы қоғамның толық пікірін алу үшін құрылды. Осы саланың даму ортасы ретінде мен өз мектебімді, атап айтқанда Ақтөбе қаласының физика-математикалық бағыттағы Назарбаев Зияткерлік мектебін таңдадым. Менің ойымша, бұл оқу орны мәселені зерттеуге және оқушылар арасында волонтерлік деңгейін дамыту бойынша дұрыс жоспар құруға ең қолайлы болып табылады.

Зерттеу жұмысының нәтижелері мемлекет пен оқу орындары үшін пайдалы болады. Қазақстанда волонтерлікті жастар арасында танымал

ету, оның дамуы үшін белгілі бір жағдайлар жасау маңызды. Мәселенің одан әрі тоқырауына жол бермеу үшін елде туындаған мәселелерді қабылдау және алдын алу маңызды.

Түйінді сөздер: еріктілік, қоғам, жас ұрпақ, мәселе, даму.

Introduction

According to “Zakon.kz”, Kassym-Jomart Tokayev, the president of Kazakhstan, announced 2020 as the Year of the Volunteer (Nazira Kozhanova, 2019). In general, volunteerism plays a crucial role in shaping and developing communities, particularly in Kazakhstan, where the youth can play a vital role in making a useful impact.

Currently, there is a growing interest among the younger generation in making a positive difference in the society, for the improvement of volunteerism. As stated by “Astana times”, In Kazakhstan, there are currently more than 200 volunteer organizations in operation, and the movement has more than 50,000 members (Nazira Kozhanova, 2019). Improving volunteerism among the youth in Kazakhstan is important for society because volunteering provides an opportunity for young people to address important social and environmental issues. Volunteer work brings people from different backgrounds together to work towards a common goal. This helps foster a sense of unity and belonging, breaking down social and cultural barriers and promoting greater understanding and respect among people. In addition, it helps young people develop a sense of civic engagement and social responsibility, encouraging them to take an active role in shaping the future of their communities. By engaging the younger generation in volunteer activities, we can help build stronger, more sustainable communities that can better meet the needs of their residents.

However, many young people today face various challenges in engaging in volunteer activities, such as lack of opportunities, limited resources, or simply a lack of motivation. For instance, according to the social research conducted by “TALAP” CAR” SF has stated that the percentage of respondents (35.4%) who have never participated in volunteer work but are willing to do so

is fairly high. When asked if they would be interested in volunteering, 8.3% said "yes" and 20.6% said "very yes." At the same time, over 50% of respondents (52.4%) gave a negative response when asked if they would be willing to volunteer (State and prospects of development 4 of volunteering in Kazakhstan, 2020).

The topic of volunteering and helping others is very close to me. At present, our world is undergoing many changes in all spheres of life. Acute problems like war, racism, climate change and so on are threatening all of humanity. Watching all this, my heartaches and I cannot just stand by so easily.

From a very young age, my dream has been to solve all the global problems of humanity. Unfortunately, this dream did not come from a happy childhood. My family lived in a poor neighborhood, in a small and narrow flat. I saw with my own eyes the homeless, poor and small children who could not afford education due to lack of finances. Therefore, such problems became close to my heart.

The desire to help the needy was partly created by my family. My father always said "If you do good, it will come back to you". My mother also agreed with my father. Even though we had a small salary, she often cooked and shared food with our neighbors, who were already elderly. In addition, my older brother very often brought home stray animals. At that time, my older sisters nursed them back to health and gave them to good hands. I was very lucky and I am grateful that my environment consisted of kind and responsive people. Now, the upbringing given to me by my family has given me the motivation to improve the lives of all people on this planet. I am always happy to give opportunity and hope to others.

The trend of volunteerism among the younger generation in Kazakhstan is a positive and hopeful one that holds great promise for the future. I believe that this trend will continue to grow and have a significant impact in shaping the country's future and that the Kazakh government should support and encourage it by providing more resources and opportunities for young people to get involved in volunteerism.

Literature review

Nowadays volunteering is one of the important areas of development of society. The modern world is full of misery and imperfections. People have to face many problems and sometimes it can be difficult to solve them on their own.

Volunteers are people who have come by the calling of their own souls, ready to help those in needs. The word "volunteer" comes from the French *volontaire*, literally translated as a willing person. Volunteers in the nineteenth and twentieth centuries were persons who offered to serve in the armed forces. There have always been those in society for whom contributing to the community where they were born and raised was the best path to self-realization, self-improvement, connection, and communication with others. The history of volunteerism is rich in events, people who inspire respect and noble deeds. One of these is Mother Teresa, a nun who devoted her life to serving the poor and the sick. Though her work took place in the last century, her impulses and aspirations are partly close to our own. She tried not only to

bring attention to the problem, but also to educate society about the qualities necessary for full development.

It is important to promote the volunteer movement in Kazakhstan and popularize volunteering among young people. They should have an active, socially oriented position through their involvement in volunteer activities.

In my personal point of view, I believe that the younger generation has an obligation to contribute to the development of society. There are many benefits in the volunteering sphere. Showing kindness to all, we educate students with such qualities as compassion, mercy, humanity, responsibility, hard work, honesty and many other qualities that will help educate students, in our future of Kazakhstan. It is important to teach young people to be kinder and take care of those around them, because they will be the future of this country. Many countries have done research about the impact of volunteering to the youth. For instance a research in Australia about the impact of volunteering on young people's educational and occupational attainment. It is evident from the studies' findings that volunteering increases one's chances of obtaining higher-status employment (Sikora, Joanna & Green, Jennifer, 2020). Additionally, if we are discussing politics, then volunteering is advantageous for the government.

In addition, if we are talking about the political point of view, then volunteering is beneficial for the government. Volunteer work helps the state to solve the tasks facing it and society more effectively. The growth of volunteerism aids in the development of civil society and strengthens the position of public and non-profit organizations. Volunteering positively influences social and economic development of the country as a whole, helping to solve socially significant problems. Volunteering has a positive effect on the education system as well, because involvement of students in this type of activity helps to form an active life position, develop their skills,

increase their knowledge, and support patriotic spirit. Volunteer contribution has a tremendous economic impact. The significant amount of volunteering by seniors is estimated at \$4 billion in Canada and over \$19 billion in the United States, using Independent Sector's (2012) estimate of an average volunteer hour cost of \$22.14 in 2012. Realistic estimates put the economic impact of volunteers of all ages at \$400 billion (International Labor Organization, 2011). Effective strategies to incentivize volunteerism are necessary, so I believe we should adopt them. (Anderson, N. D., Damianakis, T., Kröger, E., Wagner, L. M., Dawson, D. R., Binns, M. A., Bernstein, S., Caspi, E., Cook, S. L., & The BRAVO Team, 2014, August 25).

Since protecting our planet is also important, the impact of volunteering on the environment cannot be silenced. There are many programs about environmental volunteering for all those people who want to help restore ecosystems, eliminate polluting waste, and promote care for the environment. It is stated that Community volunteers help the Department of Environment and Conservation in Papua New Guinea to routinely track the number of crocodiles in the Sepik River. They regularly count crocodiles at night, and aerial surveys used for population monitoring have shown that between 1998 and 2010, the crocodile population rose steadily, (UNDP 2012a, p. 125)

The world is not without kindness. There are many caring and compassionate people in it, ready to give warmth and kindness to everyone in need. In addition, volunteer work allows us to be acquainted with very diverse areas of life that students may not have been aware. The boundaries of their life space are greatly expanded. Youth associations are attractive to today's students, providing them with opportunities free communication and interesting activities with their peers.

Real participation in the life of society does not pass without a trace for young people; the experience acquired forms the basis of the position that a person

will occupy throughout his or her life. A young person who realizes himself or herself in socially important activities will also be a participatory person in adulthood, taking a direct part in the life of society, will not be afraid of responsibility, will be a creator, and will be able to work in a team, be a person who has a leadership position. Young people of this time are the future of Kazakhstan.

Aims

The aim of my research project is to develop volunteering in Kazakhstan, encourage volunteering among the population and help young people in Kazakhstan to develop an active, socially conscious mindset through participation in volunteer work.

1. What are the benefits of volunteering for Kazakhstan's younger generation?
2. How can existing volunteer organisations and projects in Kazakhstan effectively attract and retain young volunteers?
3. How can the government and educational institutions of Kazakhstan help to encourage and promote volunteering among the younger generation?

In order for Kazakhstan to see an increase in volunteerism among the younger generation, a supportive and stimulating atmosphere for youth participation needs to be created. These questions can help in understanding and defining the problem of youth volunteering in Kazakhstan. In addition, it is very important to understand how volunteering can engage young people. In addition, as schools influence young people's outlook, they can encourage volunteering through government regulations and educational institutions. This can include a range of tactics, from educating people about the value of volunteering to giving them the tools and resources they need to participate in worthwhile volunteer endeavours. The ultimate goal is to help the younger generation develop a sense of civic responsibility and community and show them the benefits.

Methods

This project work was based on a quantitative research design. It was the best choice of research design because this type of research is used to quantify attitudes, opinions, and behaviors also to summarize findings from a larger sample population, and explain a particular phenomenon. The purpose of this research project was to develop volunteering in Kazakhstan and help young people in Kazakhstan to develop an active, socially conscious mindset. With the help of quantitative research, it can be easily reached. That is why research is based on this type of research design.

Different data collection methods were used in this study. At the first step of project work secondary research was conducted. The objective of it was to find out sources to have some background information. There was a lack of information about the influence of volunteering on youths. Listed below questions were replied with the help of literature review:

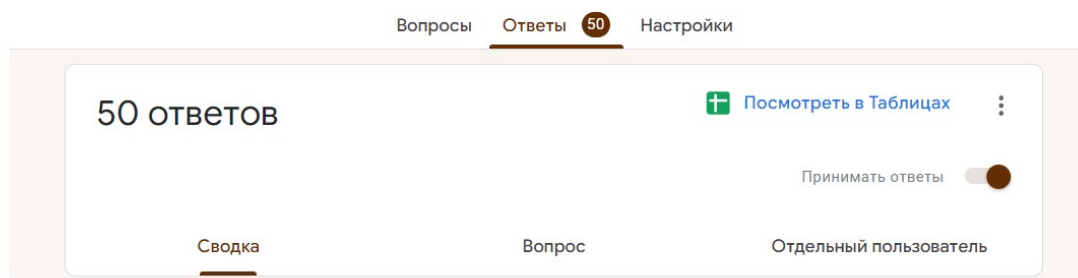
1. What are the benefits of volunteering for Kazakhstan's younger generation?
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The role of the primary research was important. It was needed to find background information about how popular is volunteerism among young people. After learning some information about the topic of investigation, a

survey was conducted as a primary research method. It included 7 questions about my research topic of the level of volunteering among young students.

The survey was intended for the students of the Nazarbayev Intellectual school of Physics and Mathematics in Aktobe. The target population was about 50 people.

As the first step in primary research, I prepared an online survey using the Google forms website. Then informed consent forms were prepared and sent to participants via their emails in Outlook, in 3 languages (English, Kazakh, and Russian). Answers to the survey questions were designed to know more about volunteerism.



The reasons for choosing this method

A questionnaire survey is an empirical research method based on interviewing a large number of respondents and is used to obtain information on the typicality of certain psychological and pedagogical phenomena. This method makes it possible to establish the general views, and opinions of people on certain issues; to identify the motivation of their activities, and the system of attitudes.

Possible limitations of the research

In general, project work has some difficulties of primary research. For example, many people did not want to participate in the survey. The main limitation of the study was the number of participants. Unfortunately, only 50 people answered the survey questions. Therefore, it was hard to calculate and

to make statistics from the taken information, as the obtained results were not generalized.

Results

The taken research survey was considerable and useful for my research project, as there was a great influence of the pupil audience and with active participation in the research work. As had been mentioned in the aim, the research project shows the the importance of volunteering for students.

By summarizing the responds, it was found that their opinions are different. To sum up, the most important things were that many people are interested in volunteering sphere but do not know how to participate in it and how to become a volunteer. The following findings were observed in a total 50 people.

[\(\[https://docs.google.com/forms/d/e/1FAIpQLScRzdsJXFINnT8NGK8uS9Sw1-jXkPYXkjCiac9Oq6iemINXSg/viewform?usp=sf_link\]\(https://docs.google.com/forms/d/e/1FAIpQLScRzdsJXFINnT8NGK8uS9Sw1-jXkPYXkjCiac9Oq6iemINXSg/viewform?usp=sf_link\)\)](https://docs.google.com/forms/d/e/1FAIpQLScRzdsJXFINnT8NGK8uS9Sw1-jXkPYXkjCiac9Oq6iemINXSg/viewform?usp=sf_link)

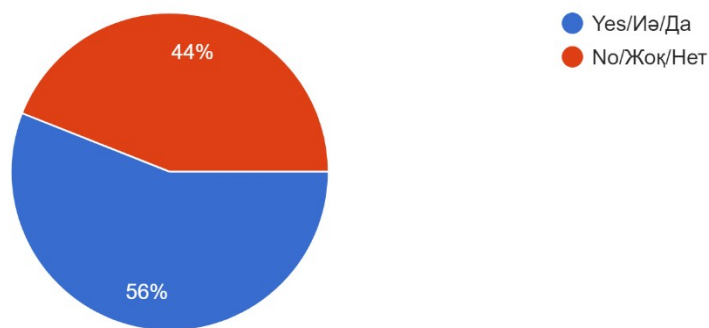
I asked those 7 questions:

1. Do you agree that everyone can become a volunteer?
2. Do you want to be a volunteer?
3. What are the benefits of volunteering for the younger generation?
4. What area of volunteering are you interested in?
5. Do you take part in volunteering activities?
6. How can existing volunteer organisations engage the younger generation?
7. How can the state and educational institutions increase volunteering among the younger generation?

- The first question shows that the majority 56% of respondents answered that they agree that everyone can become a volunteer. However, the 44% minority represent that they do not agree with that statement.

Do you agree that everyone can become a volunteer? / Сіз әркім волонтер бола алады деп келісесіз бе? / Согласны ли вы, что каждый может стать волонтером?

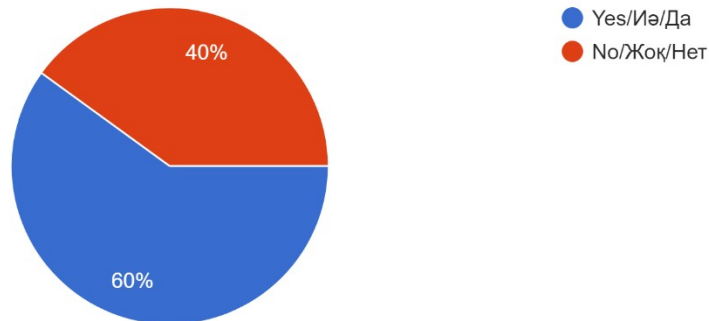
50 ответов



- The second question shows that a lot of students would like to become a volunteer. Overall, 30 people stated that they would like to be a volunteer, while 20 of respondents considered that they are not interested in such activity.

Do you want to be a volunteer? / Сіз волонтер болғыңыз келеді ме? / Хотите ли вы стать волонтером?

50 ответов



- The next question is about the benefits of becoming a volunteer among young generation. Responders proved that there are a lot of benefits of becoming a volunteer.

Gaining experience
Increases your social skills
Young people begin to appreciate life more
Kindness
Promoting values
Better communication skills
Improving communication skills
for entering university
It gives you opportunities for finding new friends

new acquaintances and experiences
Mental and physical health and wellbeing
I think it teaches the youth how important it is to give back, contribute to community
Open up, talk to people, take responsibility
Communication, mutual help

- In the fourth question respondents answered in what certain area of volunteering they are interested, it shows what an exact area of the Kazakhstans social problems are more important and essential.

What area of volunteering are you interested in? / Сізді волонтерлік қызметтің қай бағыты қызықтырады? / Какое направление волонтерской деятельности вас интересует?
50 ответов

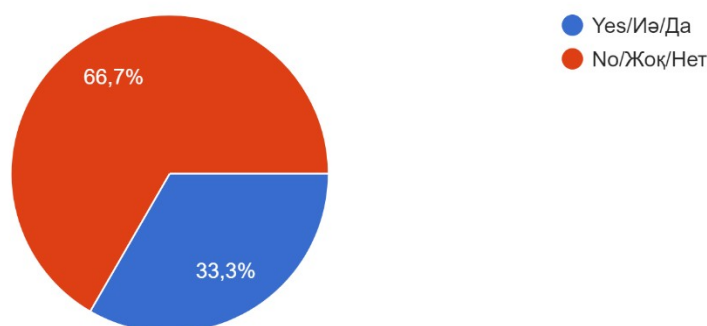


- In the fifth question, students have to answer do they participate in any socially orientied activities. It was asked to find out whether Nazarbayev

Intellectual School students are active in volunteering, in order to promote it in the future. These responses confirm that the problem of students not volunteering despite their willingness to do so still exists right now.

Do you take part in volunteering activities? / Сіз волонтерлік қызметке қатысасыз ба?
/ Принимаете ли вы участие в волонтерской деятельности?

51 ответ



- In the sixth survey was given a blank field to fill in, as students were to try to find out how voluntary organisations can increase their reach and attract more pupils to their organisations.

Advertising
Show examples
On social media
With diplomas.
Through their message and mission
They can develop this sphere among teenagers
It can be a lesson in schools
Certificate distribution

videos and competitions
Advertise their own organisation
Promotion
Advertising, agitation
Good marketing

- The last question also had a blank field of answers, as students could give their recommendations and opinions on increasing volunteering among the younger generation through their hypotheses. For example:

Promote ideology and values
Allocation of grants abroad
certificates, cash prizes for activities
Conduct training sessions
Make volunteering a commodity or whatever it is called, long story short make it as a subject in schools and force students to do it

Free meals and many discounts
Discounts for volunteering
Provide positive feedback and recognise their efforts
Provide fun learning activities
Allow them to be independent
Conduct training sessions
New policies
Doing interesting events
Educate children at open hours

Finally, the conducting the survey is essential, as my questions consist from some main questions, which I asked in the aims. These questions also relate to the purpose of my research, and as a result, I have found the information that I need.

Evaluation

In general, the research was successfully finished and the main research questions were fully investigated and responded.

Research design was completed due to credible sources, which were gained for the secondary research. All background research was conducted to gather general information. To prove that volunteering is important in the young generation's life, truthful facts, accurate statistics and reliable information were collected from credible websites. Most of all sources were recently updated it is

needful because facts and data should be still relevant in these days. In addition, they were verified and checked to the authorship. Those articles are completely based on research and gives exact and truthful answers. However, my project work has some drawbacks in primary research, as the survey was conducted from limited amount of people, they were less than I predicted before, these aspects caused some implications to the research work. Furthermore, in the Internet there are less background information about Kazakhstani situation of volunteering.

My personal point of view has not changed, because answers were like how I predicted and supposed, because the problem of volunteering among young generation is still essential. It was expected that most of all people would agree with this statement. The results from primary and secondary researches were the same and proved the rightness of my own view.

Obtained results would be improved through a survey, from perspectives of a large amount of respondents. Overall, the results of the survey could answer to the questions from aims and to the main research questions.

Conclusion

In response of each of the research questions, it is possible to make the following conclusions.

- What are the benefits of volunteering for Kazakhstan's younger generation?

The majority of respondents in the research state that there are a lot of benefits of becoming a volunteer at the young age. By being kind to everyone, we foster qualities such as compassion, mercy, humanity, responsibility, hard work, honesty and many other qualities in the students of Nazarbayev Intellectual

School, which will help to educate him or her into our future in Kazakhstan.

- How can existing volunteer organisations and projects in Kazakhstan effectively attract and retain young volunteers?

The most of the volunteering organisations always search for a new people and participants to come and make the world a better place to live. It is important to solve social problems in the society from the young age to prevent bad consequences.

- How can the government and educational institutions of Kazakhstan help to encourage and promote volunteering among the younger generation?

It is important to have a support of the government to increase volunteering. Thus, through this survey we can learn that the pupils surveyed know what qualities a volunteer should have. This survey acted as a recommendation for the government to improve the quality of volunteering in Kazakhstan. It is important for voluntary organisations to have the necessary funding to grow sustainably. Various public funds can provide for the growth of voluntary activities, solving social problems in the country.

Most people are interested in volunteering, but there is a problem of “how to become a volunteer?”. There was “UMIT” (<https://instagram.com/volunteeringumit?igshid=NTdlMDg3MTY=>) student volunteer club started in the 2020 school year. The purpose of this club was to develop students' moral qualities, propaganda of ideas of voluntary work for the benefit of society and involvement of students in solving socially significant problems (through participation in social, environmental, educational and other projects and programs).

I was a member of the volunteer club and we tried to actively participate not only in school life, but also in the life of our city. For example, a project called "warm winter" took place back then. The goal of this project was to collect as much clothing as possible for underprivileged families. Also during the holidays, members of the club who have a high level of English language skills conduct English courses for students from other schools.

This research work should be continued and could be enhanced by time. However, in the future will be more respondents that can participate at the research project work, in addition be involved and take a part in the experiments.

Based on the above, the students will be given opportunities, namely language practice, new acquaintances, invaluable life experience, great prospects, immersion into the culture and life of a new country, as well as helping others around them.

At the end of my research activity, I concluded that it is necessary to activate the volunteer movement in the school in order to gain a new perspective on life, society, and to form important life values.

My next steps are:

1. To promote improvement of the systematic work of the volunteer club.
2. To implement the plan of theoretical and practical training of the Volunteering Club at school for the academic year 2023-2024.
3. To strengthen the cooperation of teachers and students in volunteering as an educational aspect.

Today, volunteering in Kazakhstan is at the peak of popularity: active

citizens, gathering in groups, or joining the activities of existing organisations, volunteer and help everyone.

Despite the fact that volunteer efforts are still not very successful and do not have enough funds to put forward projects all over Kazakhstan, citizens are very active in the charitable and social life of the country. This is evidenced by the considerable numbers of volunteers taking part in organising and running volunteer projects.

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Appendix

Volunteer training for the NIS students

Table 1. Concept plan for events concerning volunteering activities

№	Class topics	Timeline
1	Topical questions for first-time volunteers	March
2	The boundaries of the volunteer's responsibility Volunteer group management	March
3	Ways of contacting the mentee	March
4	Aggression at the mentee	April
5	Peculiarities of orphans and their impact on the relationship with the volunteer	April

6	Organising psychological support for volunteers	April
7	Volunteer technologies	May
8	Volunteer group management	May